

## **Your Personal Summary**

Print this sheet to summarize your self-assessment profile by inserting your scores in the spaces in the following tables. Secure this profile for future discussion.

### **Emotional Intelligence**

<b>Self-Awareness</b>	
<b>Managing Emotions</b>	
<b>Motivating Yourself</b>	
<b>Empathy</b>	
<b>Social Skill</b>	
<b>Overall EIQ</b>	

### **Assertiveness Level**

<b>Passive</b>	
<b>Aggressive</b>	
<b>Assertive</b>	

### **Big Five Personality Characteristics**

<b>Adjustment</b>	
<b>Sociability</b>	
<b>Openness</b>	
<b>Agreeableness</b>	
<b>Conscientiousness</b>	

### **Cognitive Style**

<b>Extrovert or Introvert</b>	
<b>Sensing or Intuition</b>	
<b>Thinking or Feeling</b>	
<b>Judging or Perceiving</b>	